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Customer Reviews

210

4.4 out of 5 stars

5 star 73%4 star 13%3 star 6%2 star 3%1 star 5%

NOW Foods Cayenne, 500mg, 250 Vc...

by [NOW Foods](#)Package Quantity: 1 [Change](#)Price: **\$10.44** + Free shipping with Amazon Prime[Rate this item](#)[Write a review](#)[Add to Cart](#)[Add to Wish List](#)

Top positive review

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26 people found this helpful

I don't get sick anymore

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

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Top critical review

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By Thomas Mork on March 17, 2017

not to sure its helping but be prepared it warms your belly

\$5.00 off coupon

on Crest 3D White Whitestrips with Light, 10 ct.
Offer ends on or before Apr 30, 2017

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Very good CayenneBy [Icebey](#) on August 23, 2016Package Quantity: 1 **Verified Purchase**

My wife loves her Cayenne from NOW Foods!

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Was this review helpful to you?

Yes

No

[Report abuse](#)**Three Stars**By [E. Segal](#) on August 16, 2016Package Quantity: 1 **Verified Purchase**

Heartburn. No Bueno.

[Comment](#)

One person found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**not gluten free ...hey where is my refund ??! I'm still waiting .and I will not go away ..**By [Amazon Customer](#) on August 7, 2016Package Quantity: 1 **Verified Purchase**

I bought this product hoping it would not be crossed contaminated with gluten. But less than a hour after i took 1pill I was calling my sister to come over and take me to the emergency room in extreme pain getting 3different shots 1being dilaudid ...it was cross contaminated I don't recommend this product,,,,,please don't say gluten free ,. Only if it's certified gluten free ...how about a damn refund ...I'll put it towards my medical bill .

[1 comment](#)

9 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Five Stars**By [Amazon Customer](#) on July 25, 2016Package Quantity: 1 **Verified Purchase**

A

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Was this review helpful to you?

Yes

No

[Report abuse](#)**Look for a Lower Dosage Before You Buy**By [DisLights](#) on July 22, 2016**Questions? Get fast answers from reviewers**

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

[See all 9 answered questions](#)[Ask](#)**Customers also viewed these items**

[Nature's Way Cayenne Extra Hot, Capsules 100ea](#)

by Nature's Way

\$4.74 - \$14.97

188



[Solaray Cool Cayenne 600 mg VCapsules, 180 Count](#)

by Solaray

\$12.46

64



[Nature's Way - Cayenne, 450 mg, 180 capsules](#)

by Nature's Way

\$10.45

138



[Cayenne Pepper Capsules - 90 Kosher Caps - Now with 500mg Organic Cayenne Pepper Fruit...](#)

by Pure Mountain Botanicals

\$15.67

45

Package Quantity: 1 **Verified Purchase**

After using for a few days, I noticed my urine has become the same color as the label. I only take one capsule per day: as I researched if the urine color changing was normal, I read that the max MG's per day recommended on taking cayenne pepper is about 360 MG. Just ONE of these capsules are 500 MG.

I threw them away.

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5 people found this helpful. Was this review helpful to you?

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Nature's Way Cayenne Pepper,
450 mg, 180 Capsules (Pack of
2)

by Nature's Way

\$18.08

122

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GREAT

By [Kindle Customer](#) on July 18, 2016

Package Quantity: 1 **Verified Purchase**

CAYENNE 500 MG. GREAT PURCHASE

[Comment](#)

Was this review helpful to you?

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Lots of Little Improvements :) Will be Taking the Rest of my Life

By [Ruthie too](#) on July 16, 2016

Package Quantity: 1 **Verified Purchase**

I love these. Since I started taking them two caps, three times a day after a meal, I have improved in mobility and my circulation has improved. My toes and feet used to be dusky most of the time and occasionally purple (froze them as a kid), but now they are the normal color they were decades ago. Also, slight bleeding after a poo once in a while has quit for good. My hands are warmer too, according to my ogre. They also help with moving my digestion right along. If you're going to take these, make sure you do so after or with food or milk. I much prefer taking these caps to drinking down cayenne in water.

Also, I am happy to be wearing my smaller pants, because these caps greatly reduce my cravings. Over time, I expect to drop weight. Hope this helps.

Update: I no longer have those little broken veins on my heels and my knotty varicose veins calmed way down to not knotty. I started taking this in the spring, I believe and it is fall and I move better and feel better and I'm sure the cayenne has been good for my heart and circulation. I couldn't be more pleased with this supplement :) Also, taking it three times a day fell away, I only seem to manage two caps once a day now. Cravings still are way less. Good stuff!

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21 people found this helpful. Was this review helpful to you?

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your morning session will be on fire

By [locutus_of_borg](#) on July 9, 2016

Package Quantity: 1 **Verified Purchase**

the fact that it doesn't burn in your mouth, doesn't mean that it won't burn elsewhere. don't overdose it, and you might enjoy a little tingling....you know exactly where. cleans your system all the way down to the waste channel.

[Comment](#)9 people found this helpful. Was this review helpful to you? [Report abuse](#)

Great product!

By [aaron](#) on July 1, 2016Package Quantity: 1 **Verified Purchase**

Love this product. I bought them for the thermogenic properties and they are great. BUT I'm writing the review specifically to warn anyone who will listen to NEVER take them on an empty stomach! I've never felt such pain in my stomach as I did this morning. I didn't think it would be a big deal because I've been taking them and have built a little tolerance to them. No. Just no. I ate two hamburger buns because it's the only think I could choke down and thankfully the pain subsided pretty quickly. But I was at the store when the capsules melted and I had to go home immediately. It was very strange because I even started sweating and shaking a little. But the burning in my stomach was terrible! I think I've explained enough... Hopefully. So be warned!!

[1 comment](#)17 people found this helpful. Was this review helpful to you? [Report abuse](#)

Five Stars

By [devo213](#) on June 30, 2016Package Quantity: 1 **Verified Purchase**

2nd time buying

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